

# Humana People to People

Progress Report 2023

[www.humana.org](http://www.humana.org)



The Federation for Associations connected to the International Humana People to People Movement comprises 29 national organisations



*Children from the Kadam Step-Up programme by Humana People to People India enjoy their physical exercise*



*Girls from Humana People to People in D.R. Congo in a tree-planting action*

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*Treatment support for TB patients in Angola is organised as Direct Observed Treatment, or DOT*

**We protect the planet, build communities and support people by connecting them with others in transformative programmes, unleashing their potential for positive change and action.**

**Our agenda is simple and clear:** protecting the planet, building communities and supporting people by connecting them with others in transformative programmes, unleashing their potential for positive change and action. We share this agenda with our partners at all levels.

Working side by side with the people in their communities and our innumerable partners, we align with the UN 2030 Agenda and support countries as they strive to meet the UN Sustainable Development Goals. Lasting positive change is created in the process.

In our Progress Report 2023, you will read about how our programmes, placed in the global context, help improve lives here and now, and build hope and strength for the future. We report on the core areas of our work: community development; sustainable agriculture and environment; health; education; and the collection and sale of second-hand clothes.

**Humana People to People spans the globe through 29 independent member associations,** each one with a firm base in their own country. We grew out of a progressive education movement in the 1970s, rooted in the struggle against apartheid and colonialism.

Since then, we have faced the major humanitarian, social and environmental challenges together with millions of people on five continents, and we continue to do so: the needs of our planet and its inhabitants are more urgent and complex than ever.

The Federation for Associations connected to the International Humana People to People Movement – in short, the Humana People to People Federation – was formally established in 1996. It supports members to deliver critical on-the-ground programmes across Africa, Asia, Europe, North America and South America.



*The Humana People to People International Headquarters in Shamva, Zimbabwe*

## Members



**5**

continents



**46**

countries



**17.9M**

people reached



**1,584**

project units



## Chair's Welcome

The calls for ending the war on people, for stopping the killings, for protecting the children, for not bombing hospitals and schools, for letting in the aid.

We hear them, and we join them. They are also our calls. You who hold the powers to stop the atrocities, do it.

In the meanwhile, we continue our work to build communities, build relations, build resilience together with the people. Some need resilience here and now, others build resilience for an uncertain future, for whatever may come their way. We all need resilience to meet the large changes on the planet and in the world.

We build and build every day. We build bonds from people to people, in all our diversity, our differences, from continent to continent.

- Because peace depends on people. Because people build peace every day. Because we think it is the best way to preserve peace, where it reigns; to achieve peace where conflict smoulders and comes to the surface while we write.
- Because we believe that when building bonds from people to people, we also build hope. Hope is necessary, hope gives strength.

- Because building bonds from people to people is the driver of moving towards our vision: **We protect the planet, build communities and support people by connecting them with others in transformative programmes, unleashing their potential for positive change and action.**

Let us take it a step further: the world needs more than unleashing the potential – the world and all its peoples need to create the positive change and action, here and now, and in the long run.

That is what we aim to do in the five areas of activities: community development, health, sustainable agriculture and environment, education and collection and sales of second-hand clothes. Proven models for programmes and projects, new ways born out of necessity, and ventures into untrodden tracks - it all weaves a fabric of collective processes, where people create much needed changes in their lives.

We thank you all, including the governments and their agencies, and our many partners for being part and parcel in these processes.



Snorre Westgaard, Chair



*Village Action Group members come together to address water challenges caused by the effects of climate change through building water tanks - Angola.*

# Community Development

Sustainable community development enables people to improve their lives. It requires time, political support and involvement of local people, as well as adequate funding.

## Introduction

# Our Community Development programmes take place in communities where life needs to improve.

**We support social cohesion and together we find opportunities to create progress.**

“Across the world, about **1 billion children are “multidimensionally” poor, they lack necessities** as basic as nutritious food or clean water.”

UNICEF 2023

**People and communities across the globe need support to build strength;** to

organise in local democratic structures and get the skills, knowledge and understanding they need to make changes together. They need their agency to be acknowledged as part of building and maintaining peaceful societies.

In our Community Development projects in both rural and urban areas in Africa, Asia and Central and South America, Local Action Groups are a main structure. People in communities all over the world often have strong traditions for supporting each other

and taking collective action. Local Action Groups build on such traditions and place the control of development processes and decision-making into the hands of the people who are affected. People get together, identify their needs, decide on actions to take, and chart a course whereby both persistent issues and newly discovered problems can be acted on and lives improved.

Local savings and lending clubs created by the Action Groups are an example of how to support family economies. Each member contributes a small amount, and the effect of collective savings in the clubs are felt in families, health clinics, local councils and schools. The direct participation of the club members helps build democratic structures and make their voices heard and taken into account.

Children and youth are counted on as a driving force in Community Development programmes. They wish to take part – they just need support to do so, and they build experience by acting together with each other and with the older generations in their communities.

The Project Leader and team live and work as an integral part of the community and are key to making it all happen.

## Spotlight On an Issue

# Families supporting children facing difficulties

**Members of Humana People to People strengthen families and communities by bringing them together to find solutions on matters affecting children.** One such example is from Zambia.

In 2023, Development Aid from People to People in Zambia improved the health and welfare of close to 33,000 children and adolescents in Western province of Zambia. They use a family-centred approach to cultivate self-sustaining resilience within each family living in poverty and where one or more children are at risk of being deprived of basic needs. All the children and adolescents in the families are assessed, and based on the needs identified the project devises plans for each child and family for tailor-made support.

The families are organised in Action Groups and savings clubs, while the children living with HIV are members of teen clubs and treatment adherence structures. Here they discuss, attend lessons and hold practical actions. The families

engage in activities aiming at stabilising their livelihoods, enabling them to provide sustained care and support.

Each family receives monthly visits from a Case Worker who provides a range of HIV health services, such as treatment adherence support and psychosocial counselling. Improved community-based referral systems have led to increased HIV testing, linkages to medical facilities, treatment adherence, and retention on ART.

Safety is fundamental, thus the project screens for neglect, abuse, and sexual and gender-based violence. In cases where indications of rights violations are found, the project makes referrals to social workers, para-legal practitioners, or other form of professional assistance.

Over 5,000 children and adolescents accessing education received school materials, uniforms and other support.

## KEY POINTS

- **DAPP in Zambia improved the health and welfare of close to 33,000 children and adolescents in Western province.**
- **Over 5,000 children and adolescents received education, materials, uniforms, and fees.**

*Community groups facilitate discussions, lessons, and practical actions, while families engage in livelihood stabilisation activities for sustained care and support.*



**“Joining Bupilo Action Group has helped me understand the condition and needs of my HIV positive granddaughter. I now know how to support her.”**



**Mary’s father, Gershom (real name withheld) and mother divorced after he learnt that his wife had HIV.** Unable to care for the child individually, they left the child in the village in custody of a grandmother, Grace.

“I had nobody to help me, as I felt uncomfortable sharing Mary’s HIV status with anyone. At some point, her health got worse as she could not walk, had sores on her body and struggled to eat. Not knowing who to talk to about HIV was a big challenge,” Mary’s grandmother Grace recalls.

However, becoming a member of Bupilo Action Group under the DAPP Zambia’s Orphaned and Vulnerable Children programme helped Grace to find support and strength from other families

facing the same situation.

“We meet twice every month to share experiences and learn from each other. We learn about the importance of viral load suppression, hygiene, preparing good meals and growing vegetables. I have confidence in taking care of my grandchild,” said Grace, who is now the Coordinator of Bupilo Action Group.

“As an Action Group, we support each other. If one person faces a problem with their child, we put our heads together to address it. For example, if I have an emergency and need money, I can borrow from our Savings Group. That is the benefit of working together.”



**Paulina Monene (a mother)**

Child Aid Bakenberg,  
Humana People to People  
South Africa

“A visit by a Care Giver helped my daughter and myself to get national identity documents. She used not to attend school and I was failing to participate in local government programmes. My child is now accessing education and has proof that she is a South African.”



**Elisa Paulo**

Community Development  
Water Cunene,  
ADPP Angola

“With this irrigation system we have established in our community, we are able to cultivate vegetables and our animals have water. After getting water our life has become much better. When we return from the field, we come back with something to feed our children.”



**Rizwana Praveen**

Lohardaga District,  
Jharkhand, BridgelIT Project,  
HPP India

“Training in entrepreneurship skills earned me dignity and empowered my life. I am running a small business selling groceries and other local supplies. My husband is supportive. Some women in our community are inspired with my progress and start to believe women can deliver.”

**Community Development throughout  
Humana People to People**

**3.4M**  
people reached



**192**  
project  
units



**14** countries



**518,000**  
families

**Humana People to People has engaged in  
Community Development together with  
the people ever since the start of the  
movement.**

## Youth in Production

# Humana People to People members call on youth to be a driving force in community development at all levels.



### **Humana People to People members call on youth to be a driving force in community development at all levels.**

Humana People to People Brazil carry out training courses to inspire young people to engage in development and production. In safe spaces where they are listened to, young people get theoretical and practical knowledge in an educational and inclusive environment. Humana People to People Brazil mobilises them to be active in protecting the environment and the planet. In Sisal Territory in Bahia state, the adolescents collect solid waste in communities. They have become agents of change, collecting

more than three tonnes of plastic waste, selling and disposing of them appropriately in recycling centres.

42 Frontliners were trained to address current adversities such as poverty and climate change. They come from across the continent and have learnt to work as a team of different nationalities and cultures. They collaborate with Humana People to People in Brazil, Ecuador and Belize in their project activities. They learn leadership skills and some are already steering development work within Humana People to People in Central and South America.



*Farmers' Clubs brings farmers to work together to improve their farming methods and create democratic structures that allows women to take leadership roles - Malawi.*

# Sustainable Agriculture & Environment

Smallholder farmers are among the frontline responses to the world's environmental and social crises. That is how important they are. When conditions allow them to earn a living, they stay on the land, and they protect it as the foundation for their livelihoods and culture.

## Introduction

# Smallholder farmers play a crucial role in establishing sustainable food systems locally, fighting hunger and malnutrition in their communities.

**Up to 70% of the world's population depend on food produced by such farmers.**

**“As many as 783 million people are facing chronic hunger.** We have a choice: act now to save lives and invest in solutions that secure food security, stability and peace for all, or see people around the world facing rising hunger.”

**World Food Programme 2023**

**Today's global food systems must feed 8.1 billion people without compromising future productivity or the health of our planet.** The potential of smallholder farmers holds the keys to sustainable solutions.

When conditions are equal, smallholder farmers tend to be more productive per hectare than much larger farms. They mainly produce food for people, often growing a wide variety of crops, thus contributing to diversity of produce and thereby protecting the health of the soil and the people living from the land.

Countries and people all over the world live with consequences of a failing global food system, where food is a commodity traded on the globalised market, and ever-growing dependency on this global system is the

order of the day. A war or a pandemic can cut off vital supplies to millions of people who can do nothing about it. We are living with these realities in the world today.

Climate change, environmental degradation and loss of biodiversity pose increasing threats to smallholder farmer production, alongside advancement in land concentration and industrialised agribusiness. The responses to the threats have much in common, whether they are related to the health of the planet, ownership of land or production methods.

Food sovereignty is a precondition for food security. The future of the world depends on sustainable and regenerative food production systems. Smallholder farmers are a numerous force to be reckoned with in this regard.

A true shift to localised food systems that produce food for people under local control is needed, giving value to the people that produce the food. Change requires deep understanding and awareness. Knowledge and skills adapted to local conditions must spread among farmers, and ways to work with nature and not against it must be revitalised from former practices and innovated to respond to the challenges of today. Smallholder farmers need support on all levels.

With these conditions in mind, Humana People to People members respond with the concept of Farmers' Clubs.

## Spotlight On an Issue

# Adapting to climate change is fundamental for smallholder farming

**Humana People to People's sustainable agriculture concept, Farmers' Clubs,** places farmers and their families at the centre of activities. Farmers meet, learn and support one another in finding common solutions to the challenges they face. The clubs develop ethical, sustainable production and regenerative farming practices that farmers can implement together in their communities, in harmony with nature. In this way, they are able to feed and fund their own communities, sustainably.

Farmers are organised in clubs of 50, which are further broken into core-groups of ten farmers - led by a step-up farmer. Within each group, farmers access training, strengthen mutual co-operation, solve challenges and develop sound ethical practices in harmony with nature.

Farmers discuss the need to become resilient to climate shocks. They increase the uptake of conservation agriculture methods, get access to irrigation in dry seasons, learn to improve soil so it better withstands droughts and floodings, and they get started with processing their produce.

The methods introduced to farmers include intercropping, crop rotation, mulching, zero tillage and potholing, moisture retention, crop diversification and growing of drought resistant crop varieties and are based on the co-creation of knowledge, combining science with the traditional, practical and local knowledge of producers. Farmers participating in the Farmers' Clubs in nine countries in Africa and Central and South America are getting more resilient against climate shocks and stress.

## KEY POINTS

- **Smallholder farmers are particularly vulnerable to climate change due to their reliance on rain-fed agriculture.**
- **Farmers participating in the Farmers' Clubs are getting more resilient against climate shocks.**

*Humana People to People's sustainable agriculture concept, Farmers' Clubs, empowers farmers to address challenges through mutual support and collaboration, leading to the development of ethical, sustainable farming practices.*



**“Joining Farmers’ Clubs equipped me with knowledge on diversification of farming to avoid hunger. Besides crop farming, I add to my income by baking and selling buns.”**



**Miriam Tavengwa is 62 years old and has three children. She lives in Chivi district in Zimbabwe.** Her life depends on the success of rain-fed farming, however climate change has recently exposed her to frequent hunger. Currently, she is one of the Step-Up Farmers under Farmers’ Clubs Chivi.

DAPP Zimbabwe implements Farmers’ Clubs in Chivi, with the goal of supporting food security by facilitating adoption of climate

resilient livelihoods and ecosystems. Over 1,500 smallholder farmers are organised in clubs where they interact, receive improved farming trainings and translate what they learn into practical farming. They learn about conservation agriculture, biodiversity and sustainable environment management. Many farmers are diversifying their income sources, have improved food supplies and nutrition status, and are protecting their environment from degradation.



**Yanina Yépez**

Step-Up Farmer, Farmers’ Clubs Naranjal, Fundación Humana Pueblo para Pueblo Ecuador

“We are used to apply chemical fertilizers and pesticides, but through workshops, we have realized why our soils are becoming impoverished and contaminated. I am motivated to contribute to saving the planet with my small actions, which involve treating nature with care and harvesting chemical-free vegetables.”



**Belesi Ngwande**

President of Tiamolende club, Farmers’ Clubs Sud Ubangi, Humana People to People Congo

“In our club, we had learnt more about the need to put new cultivation techniques into practice. As of now, I am harvesting more than six bags of groundnuts on a 0.5 ha piece of land. Applying the new knowledge we got increased my yield.”



**Sibajene Sichaala**

Namwala district, Southern Province, Farmers Clubs Southern Province, DAPP Zambia

“Working closely with other farmers unlocked opportunities for me. I treat farming as a business. The Saving for Change idea helped me to raise extra income and invest in expanding my farm production. My savings grew from US\$200 to US\$563.”

## Case Story

**“Cyclone IDAI floods of 2019 created hardships never seen in the entire history of our community. ADPP gave us a new start, a support we depend on to build back our lives up until today.”**



**António Bengala Casa, is a smallholder farmer in Lamego,** Nhamatanda district of Sofala Province of Mozambique. He joined ADPP Mozambique’s Farmers’ Clubs Nhamatanda in 2015 and was part of 2,000 smallholder farmers trained in conservation farming.

“In clubs, farmers get united in fighting for the same cause and goals. We stick together to work the land. Everyone brings their own tools and goes out into the fields to be part of producing food, learning as we go,” says António.

Cyclone IDAI left a trail of disaster on 15 March 2019 in Sofala province. Lamego was hard-hit. Farmers lost all what they had including farm investments. ADPP Mozambique supported the farmers to recover and start again stronger.

“ADPP gave us a solar powered irrigation system we use in our club. At Tica and Lamego, ADPP built market stalls and a warehouse for our produce. We are happy the market place is hygienic, and it can’t be destroyed by rain,” says António.

Post-cyclone IDAI, ADPP Mozambique reactivated and strengthened sustainable farming trainings, initiated micro farming enterprises and Savings and Lending Clubs to boost income generation. The experience of sticking together in the clubs was fundamental in accelerating a stronger recovery following the natural disaster.

“After acquiring all the knowledge, even with the closure of the project, we will continue at the same pace and always be united by the same objective.”

**Sustainable Agriculture and Environment  
throughout Humana People to People**

**1.17M**

people reached



**493**

project units



**14** countries



**354,000**

smallholder farmers

**Smallholder farmers hold the key to sustainable solutions.**

# Our Planet, Our People

## “Without Peace with the Planet, there will be No Peace Among Nations.”

*From a speech at the United Nations General Assembly, made by Gustavo Petro Urrego, President of Colombia.*

We attended the 2023 United Nations Climate Change Conference COP28 in United Arab Emirates where we joined voices to speak on the vital role of rural communities in protecting themselves against effects of climate change and driving adaptation actions.

Humana People to People presented and showcased its climate change activities in four side events.

“High Level Panel on African Union Year of Education, 2024: Catalysing Skills Potential for a Green Economy in Africa” was led by the African Union Commission, and Ruth Makumbe from DAPP Zimbabwe was one of the speakers.

In “Catalysing Skills Potential for a Green Economy in Africa and the Global South,” Humana People to People was the lead organisation with UN Industrial Development Organisation, UN World Tourism Organization, GIZ and WESA South Africa.

“Empowering Tomorrow’s Leaders: Nurturing Climate-Resilient Communities with Green Schools and Lifelong Learning” was led by ECOVISTA Green Planet Initiative and Humana People to People. Evaristo Waya from ADPP Angola presented as a government delegate under Ministry of Environment of Angola. Ivone Pascual, Head of Department, Ministry of Environment in Angola was a panellist.

“Promoting Climate Change Education and Youth Action for Global Sustainable Development” was

held in the China Pavillion, led by CANGO, C-Team and China Sustainability Tribune. Humana People to People presented a climate change education initiative in public schools under the ‘Yunnan Low Carbon Schools Pilot Project’ in Kunming City, Yunnan Province, China.

We hosted an exhibition booth in the Blue Zone to push for more locally led adaptation actions in the global South. The illustration capturing our climate actions in the global South is presented on these pages and explained below.

Humana People to People’s approach begins with debating climate change at community level – be it schools, village meetings and public gatherings. The debate raises people’s consciousness on the need to embrace new attitudes and practices and change traditions that are destructive to the planet.

Community-based and people-centred planning, organising and climate actions are formulated by the people as they identify climate challenges that are barriers to development in their communities. Demonstration gardens used by smallholder farmers within our Farmers’ Clubs projects serve as learning platforms for climate change adaptation and adoption of sustainable farming techniques.

Communities taking part in Humana People to People climate adaptation projects access information key in forecasting weather changes and planning which crops to grow. Most-at-risk communities living



in exposed geographical settings are supported with access to climate proofing agricultural practices that strengthen diversification of farming and income generation activities. For example, families are empowered with solar powered irrigation systems to carry out all year-round horticulture production, fish farming and livestock rearing as is the case in Mozambique, Angola, Namibia, Laos, India, Zambia and Zimbabwe.

Our projects integrate concepts of sustainable climate-resilient ecosystems. Families are encouraged to use natural resources doing minimum harm and contamination. In Ecuador, Brazil, Malawi and Zimbabwe communities are increasingly using organic and conservation farming methods to grow healthy food, improve soil fertility and retain moisture in the soil.

Communities put in place community-based disaster risk reduction measures. One such measure is the establishment of internal savings and lending schemes which help withstand effects of disaster and expand sustainable livelihoods. Smallholder farmers in Zambia are covered by micro-insurance to reduce impact of hunger following poor harvest. In Guinea-Bissau, rural farmers are supported to reclaim degraded soil following salt water intrusion, by protecting and re-establishing the mangrove forests along the coast.





*TCE Field Officers conducting index tracing in the community creating demand for HIV services. Namibia*

# Health

Inequalities in health have drawn much attention and debate during the past years, and with good reason: Lack of access to Universal Health Care in communities most at risk cost lives.

## Introduction

# Our health programmes begin with people and not with disease; we respond to how people live their lives.

**In health, we can seldom attack one issue at a time – we combine living conditions, nutrition, access to basic facilities and knowledge, and then we combat disease.**

**“More than half of the global population is not fully covered by essential health services. The right to good health is far from being a reality with six years left to achieve Universal Health Coverage by 2030.”**

**World Health Organisation, 2023**

**Poor health is one of the first and most severe consequences of poverty.**

Inequality in health means billions of people are denied access to public health services. This inequality is in stark contrast to the global progress in science and technology. The capacity is there, however, many people continue to lose their lives to preventable and curable diseases.

Humana People to People's health projects have always built on the active participation of the people to gain control of HIV and AIDS, TB, malaria, malnutrition, as well as non-infectious diseases. The approach is community-centred and people-led as it organises, supports and strengthens people's responsive capacities.

We work closely with public health systems in implementing

health programmes and strive to complement and support national health development strategies. Local clinics, nurses and doctors are among our most valued partners in the health projects.

Total Control of the Epidemic (TCE) is our HIV and AIDS response programme. The key message is that “Only the people can liberate themselves from AIDS - the epidemic”. In alignment with the UNAIDS 95-95-95 strategy, TCE works to make sure that people know and understand their HIV status and those who test HIV positive receive the treatment they need, with the ultimate aim of saving lives, suppressing the virus and stop its spread.

Through TCE, we have gained the experiences of strengthening social cohesion and building health defence systems so that communities can take the lead in fighting not only HIV, but also other diseases. Person-to-person mobilisation of people for identifying disease, referral for treatment and support for those on treatment so that they never miss it are among those experiences. In hard-to-reach areas and with most-at-risk populations such as girls and young women, building up deep family- and community relations is always critical.

Our teams of local community-based project staff and volunteers help people to get access to basic health services and treatment, and support local food production, income generation and other health related activities.

## Spotlight On an Issue

# In support of Universal Health Care

**Humana People to People is committed to supporting people to take control of their health,** engaging communities that don't have access to medical health support due to living in poverty or being far from health facilities. We often establish a network of community health workers who work closely with the nearest clinics and hospitals and support their staff of nurses, midwives and doctors in carrying out their important work.

The strategies in HIV and TB programmes promote knowledge, testing, early treatment, assistance to patients to remain on treatment and traces those who are defaulting to bring them back on treatment.

Programmes such as Total Control of the Epidemic (TCE), Total Control of TB, Total Control of Malaria and HOPE Humana seek to connect health facilities, community and individuals, focusing on equipping people to control their health.

Three examples of how Humana People to People members support Universal Health Care:

ADPP Mozambique supports people at risk of HIV, TB, malaria and malnutrition by implementing people centred inclusive health programmes. TCE is testing people for HIV infection, people diagnosed HIV positive are initiated on treatment and assisted to adhere to treatment until viral load suppression.

ADPP Angola works closely with local municipalities in supporting the TB underserved communities. Community Health Workers educate people about TB, provide patient screening, contact tracing and referrals. They live in the community, conduct home visits, advise caregivers and patients, and are a vital link between patients and health facilities.

Humana People to People India organises regular health clinics, periodic health camps, and mobilises local women's health clubs. Key activities include large scale deworming of children, distribution of iron-folic acid supplements among pregnant and lactating women, and promotion of oral rehydration solution and zinc.

## KEY POINTS

- **Achieving Universal Health Coverage is a critical step in helping people escape and stay out of poverty.**
- **About 2 billion people face financial hardships when paying out-of-pocket health services and products.**

*Humana People to People supports underserved communities through community health workers, education, testing, treatment, and health programs in HIV, TB, malaria, and maternal health.*



# Health, food production and nutrition

**Across the Humana People to People network, we integrate growing of food under sustainable practices in the projects to strengthen people's health.**



**Production of nutritious vegetables is done whilst protecting the natural ecology.** The integration of garden farming helps families to create self-reliant support systems and prevents exposure to unhealthy processed food.

Our sustainable agriculture and environment protection projects have engaged over 338,000 smallholder farmers in Africa, Asia and Central and South America. Among the farmers we engage, elimination of toxic chemicals in food production makes the food healthier, and diversification of produce adds to better nutrition at household level.

We tap into local indigenous knowledge on traditional foods. In ADPP Mozambique under the

Transform Nutrition programme, over 118,000 pregnant and lactating women in Nampula province learnt the nutrition value of local fruits and indigenous foods. This has made the local communities appreciate use of local food products and has helped improve family nutrition.

Humana People to People India contributes to the improvement of access for 40,300 women and children under five to nutrition support for better reproductive and child health. Women and children are screened for malnourishment and the deserving receive supplementary nutritious food ration. Children and mothers found with severe and acute malnourishment are treated.



## Case Story

**“I became pregnant at 17 and did not know by whom. I decided to keep the baby.”**



**“Now, I have a reason to dream again. It’s like I have been re-awakened and taken back on the right path of life.** I dream of being a social activist to help other girls who are living with a story like mine”

Deolinda Abel is a 19-year-old girl, who lives with her son in Manhiça district of Maputo province in Mozambique. At 16 years, Deolinda lost her parents. She found herself in a desperate situation and became a sex worker to survive.

An Activist from VIVA+ project, under ADPP Mozambique referred Deolinda to the Adolescent and Youth Friendly Service for testing where a

prenatal record was opened. It was during this period she discovered she was HIV positive.

The VIVA+ Activist motivated her to start anti-retroviral treatment immediately. During treatment her neighbours supported and assisted her in taking care of her son. Later, Deolinda found it necessary to go back to sex work, and abandoned ART treatment.

Again, the Activist came to support. Deolinda was linked back on HIV treatment and a treatment adherence structure was established for her. Deolinda has recovered, she is in school, and is committed to changing her life for the better.



**“Completing TB treatment saved my life. I am now working and supporting the daily needs of my family just like any other person.”**

**Sailesi Kapalepale from Mulanje district of Malawi survives with his wife and five children.**

For months he was receiving home-based care after he fell sick and a Community Health Worker collected sputum for testing that led to his TB treatment.

DAPP Malawi is running Total Control of TB Local Networks in three districts in Malawi. It is improving active TB case finding, improving

diagnostic and supporting treatment adherence. It works closely with public health facilities and district hospitals.

TB cases are detected through implementation of health facility-based cough surveillance, community-based contact tracing, and systematic screening of TB micro-epidemic sites and hot spots.



**Celestina de Carvalho Fortuna**

Communities HIV/AIDS and TB project in Benguela and Cuanza Sul, ADPP Angola

“The best way to deal with TB in our community is to reach out to every person and communicate the right information. Because if we communicate properly, we are not only preventing the individual case, but we are educating the whole community.”



**Carmen Sadique**

Total Control of Malaria, ADPP Mozambique

“My daughter fell ill with fever, poor appetite, and seizures. People said it was ‘chitega,’ a sorcerer’s curse. But the volunteers convinced me to take her to the health unit. She tested malaria positive and got treated. In a few days, she was cured. It wasn’t ‘chitega’ after all!”



**Pooja**

HIV/AIDS & TB Programme, HPP India

“As a sex worker in Delhi, I was sent on a booking to another city by my pimp. After returning, my health worsened. I was linked to a health facility where I got diagnosed with HIV and accessed treatment. The assistance I got from the programme and the ongoing care, saved my life.”

## Health throughout Humana People to People

**12**  
countries



**516**  
project units

Humana People to People health projects focus on the biggest health challenges: Total control of the HIV and AIDS epidemic; fighting the spread of TB; taking part in eliminating malaria; and improving nutrition



**12M**  
people reached

# Ending AIDS and stopping TB at ICASA 2023



*Humana People to People together with its members actively participates in national and international conferences demonstrating the power of our people-to-people approaches*

**We attended the International Conference on AIDS and Sexually Transmitted Infections in Africa (ICASA) held from the 4<sup>th</sup> to 9<sup>th</sup> of December 2023 in Harare, Zimbabwe.**

**Together with eight members of Humana People to People, our presence was centred on showing models we use in responding to HIV, AIDS and Tuberculosis.** Five presentations and two virtual presentations showing the success of the TCE and Total Control of TB programmes demonstrated how members of Humana People to People in sub-Saharan Africa contribute to stopping the spread of HIV and support their national governments to achieve the UNAIDS 95-95-95 targets to end AIDS by 2030.

Our booth in the exhibition area was visited by Winnie Byanyima the Executive Director of UNAIDS and Under-Secretary-General of the UN, Dr Matshidiso Moeti, World Health Organisation Southern Africa Region Director, Joy

Phumaphi, Executive Secretary for African Leaders Malaria Alliance, Dr David P. Parirenyatwa, President of ICASA 2023, Dr Owen Mugurungi, Principal Director for HIV and AIDS and TB programmes in Zimbabwe.

Here is some of what they said after a brief interaction at our booth during the ICASA 2023 event.

‘Let communities lead is critical since it is the communities who know their people and know what they want. Without the communities we will never reach the last person who needs support. Communities are brought together by strong bonds and culture including supporting each other in dignity. It is because of organisations like Humana People to People that countries like Zimbabwe are making progress.

Supporting the governments to reach out to the communities accelerate transformation and help people into taking responsibilities,” Winnie Byanyima.

“I applaud the TCE community driven and people centred approach as a trailblazer in HIV and TB response. Continue engaging communities as they have knowledge, skills and experience to meet their own health needs,” Dr Owen Mugurungi.

“Humana People to People have shown the human side of development – Ubuntu. Human beings working for development must accept one another as one family and support one another, that is what Humana is about. It is not about a development partner who knows more than the other part,” Joy Phumaphi.



*Students learning under a tree getting access to inclusive and quality education regardless of their circumstance and background - Mozambique.*

# Education

We seek to inspire and complement public education, so that teachers, students, parents, education institutions, education officials and Ministries of Education can draw from direct and indirect collaboration with the Humana People to People education institutions and projects.

## Introduction

# Education is the foundation for peace, solidarity, inclusiveness and sustainable development.

**“Globally, 44 million additional teachers need to be recruited to meet universal primary and secondary education in 2030 of which 15 million, are needed in sub-Saharan Africa alone.”**

## UNESCO 2023

**Education plays a crucial role in fostering social cohesion and peacebuilding, preventing conflict.** Peace is not a static condition. It is a dynamic process that requires the active engagement of people and communities, and the establishment of norms and institutions that allow human well-being to flourish.

Education is a fundamental human right. It holds the power to light every stage of building stable, functional and peaceful communities.

The pedagogy in use has a bearing on both students and teachers as the approach can either hinder or promote positive change. We want to see education that nurtures cooperation, solidarity and peacebuilding.

In Humana People to People’s programmes of primary education, teacher education and technical and vocational training, as well as informal education, we see that students, regardless of their background, are willing and able to build their

knowledge and understanding and use it for taking action, when the kind of programme they need is established.

Education for sustainable development starts with the relationship between teachers and students and the wider world. Engaging students to address real-life issues together, with an abundance of interactive methods of study, action research, group work and practical activities has proven to be a solid foundation for life-long learning. Then education transcends the traditional curriculum, and knowledge, understanding, skills, attitudes, values and agency to act are formed.

Planet protection and adaptation to the climate crisis call for collective action and are high on the agenda of our education programmes by including science, experimentation, research and engagement with the surrounding communities in practical implementation.

Our education programmes encompass children’s education for those living in difficult circumstances; empowerment of girls and women; vocational training programmes including formal and short skills training that promote socio-economic development; and last but not least, training of teachers for rural and peri-urban communities across Africa and Asia, who are committed to overcoming barriers to meaningful education.

# Illustrating Humana People to People Pedagogy



**Humana People to People pedagogy has been developed over 40+ years and is being practiced across schools and training programmes in 82 educational institutions and 178 other teaching and learning projects. It is also being practised in training activities within other thematic areas.**

### **Student | Teacher | Core group**

**When we illustrate the Humana People to People pedagogy, we start with the student as singularity and give them the core group.**

In all our education programmes, students are organised in a collective, in a group, and their teacher is an equal member of the group. Here individual and group goals are discussed, targets set, new knowledge conquered, tears shed and laughter is rolling. It is social, educational, productive and emotional. It is safe haven for the individual student in times of demands and chaos, which is an unavoidable and necessary part of growing with one's education. It is here students and teachers hone their skills in cooperation and co-living.

### **Knowledge | Understanding | Actions of change**

**Next comes the trinity of collective production of knowledge, understanding reality and actions of change.** Trinity, because it is not one after the other; it is the three of them together. They influence each other. When we produce knowledge, it leads to better understanding of reality. When we understand reality, it leads to production of more knowledge. Action of change must always have knowledge and understanding as foundation – but at the same time, the very action of change deepens our understanding and thirst for more knowledge. It becomes clear that the core group – including the teacher – is indeed core, as production of knowledge is a collective affair, and so are understanding and taking action.

### **Open future | Living life living | Human development | Happiness | Production | Planet protection**

**In the outer circle there are indications of areas of life that thrive as a result of the two first circles.** The circle format fits well with the content – when writing about it, inevitably one element will be mentioned before the other. But that is not how it works. Human development, production, living life living, planet protection, happiness and open future are all intertwined. This is also how our lives are – they are not in straight lines, not in orderly sequence, but in lively, dynamic and dialectic processes. And like this, education should serve us in our lives.

# Transformative teacher training



**Members of Humana People to People co-operate with national governments to train teachers who foster inclusive and quality learning.** They influence learning by engaging learners in knowledge production and application, deepening their understanding and motivating them to seek more. Teachers are also trained to be agents of community development where they practice teaching.

The core group is a fundamental organisational structure within Humana People to People teacher training programme. It is a structure that decentralises learning and creates space for the core group students and teacher to interact, debate and challenge existing knowledge and take up practical actions. The collective effort fosters quality discussions, social cohesion, and knowledge production, making them key figures in transforming both education and society.

Students are trained to be competent in all subjects that form the national primary school curriculum. Students acquire thorough knowledge of the methods of teaching each subject, be it mathematics or physical education, geography or natural sciences including the indigenous languages. Additionally, the students take part in the operation of the college, with real-life responsibilities. This helps them to get hands-

on experience with school management and administration, skills that serve them well in their future profession.

Humana People to People has 30 years of experience training over 64,000 primary school teachers in sub-Saharan Africa and India. A total of 55 teacher training colleges are being run by ADPP Angola, ADPP Mozambique, ADPP Guinea Bissau, DAPP Malawi, DAPP Zambia, Humana People to People Congo, and similar programmes are being run by Humana People to People India at public teacher training colleges in that country.

Humana People to People's Teacher Training Colleges incorporate the "Graduated Teachers' Network" – a structure offering continuous learning and cooperation among graduates. The network offers graduated teachers, now working in primary schools, the opportunity to work together in an organised manner to support continuous improvement of their teaching. The network engages primary school teachers in school development, facilitates experience exchange, and equips them with tools for creating inspiring teaching and learning situations in school. Through the network, teachers have initiated numerous projects like girls' clubs, reading clubs, and school gardens, demonstrating the transformative power of education.

Education throughout  
Humana People to People

**64,000**  
teachers graduated since 1993



**2.7M**  
people reached



**260**  
project units



**82**  
schools and training  
institutions

**178**  
other teaching and learning projects

## Kadam Step-Up, a solution to Out-of-School children dilemma



Active participation of Kadam Step-Up students creates opportunities to explore, experiment and engage in civic matters as agents of change in their communities.

## Humana People to People India developed the Kadam Step-Up programme for out-of-school children to help them catch up and re-enter school in Grade 1-5.

The programme blends formal learning and skills-based experiences engaging students in their learning and personal development.

To pursue learning at a pace that fits each child, three children form a group - TRIO. Children in Kadam Step-Up programme take their own time to complete their tasks, without having to deal with the burden of a deadline or other time

restrictions, thus freeing them to explore various concepts and areas of learning. Teamwork and peer learning is key in personal development of students and is integrated in the programme.

Kadam Step Up is also used in public primary schools as a remedial learning programme for children to bridge their learning gaps and reach the age appropriate learning level.



## Technical and Vocational Education Training



to train the young person to get a job; where there are no jobs, they must be created, and the youth can contribute substantially to that when trained to meet the demands.

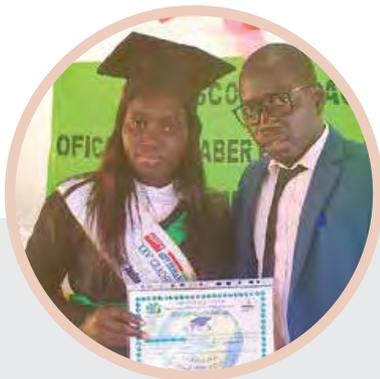
Courses on offer are in the areas of agriculture, civil construction, engineering, business administration, hospitality and tourism, and community development. All courses are structured to respond to the people's daily life needs and improving people's lives.

The Humana People to People members engage with their respective governments at all stages of running the TVET schools from curriculum design, policy consistency, and development of public-private partnerships. Courses are nationally accredited, developed with national government approval.

**In 16 Technical and Vocational Education Training (TVET) colleges spread across eight African countries,** Humana People to People members have trained 30,000 young people to be part of local communities' production and development. Both the formal and informal TVET programmes are designed to be practical and provide real-

life experience. In this way the programmes focus on building the right set of skills and promote entrepreneurship, thereby enabling the young people to become agents of development.

By taking a forward-thinking approach, Humana People to People prepare youth for challenges ahead, thus addressing the 21<sup>st</sup> century skills gap. It is not sufficient



**Nadi Marcelino Soló,**  
Vocational School Bissorã,  
ADPP Guinea Bissau

“The initial weeks at Vocational School Bissora were intense, but I gained valuable knowledge in agriculture and other subjects. I learned grafting, crop production, growing fruits, and animal husbandry. I now have the skills to sustain myself.”



**Emmanuel Kangwa, Children's Town Malambanyama,**  
DAPP Zambia

“At 14, I had to support my family, leaving school and resorting to petty crimes. I joined Children's Town and now, at 18, I focus on improving my tailoring and designing skills. I am determined to use these skills to lead an honest life.”



**Chenai Gona, Ponesai Vanhu Technical College,**  
DAPP Zimbabwe

“To support my child, my mother, and other siblings, I pursued training in motor mechanics. The training has opened doors for me, as I work on repairing vehicles with malfunctions. Now I am supporting my life needs. I wish to inspire other young women to embrace vocational training.”



*People in Europe and the USA are choosing to dress more sustainably preferring vintage brands that are more sustainable to reduce the environmental impact resulting from fast fashion.*

# Sustainability and circularity in textiles

Our second-hand clothes collection contributes to sustainability and circularity in textiles through reduction of waste, saving precious resources through reuse, providing affordable clothing to people in the North and in the South - and it ultimately enables us to undertake invaluable development work.

**The second-hand clothes sector fills an important role in the globalised textile value chain and the global circular economy.**

By collecting, sorting and selling used clothes, first for reuse directly with the next person and then for recycling into other products, the sector saves the planet for millions of tonnes of CO<sub>2</sub>-emissions, fresh-water use, chemicals, and all the other polluting elements of textile and garment production. It also saves the planet from millions of tonnes of textiles and clothes being disposed of in landfills or left for incineration.

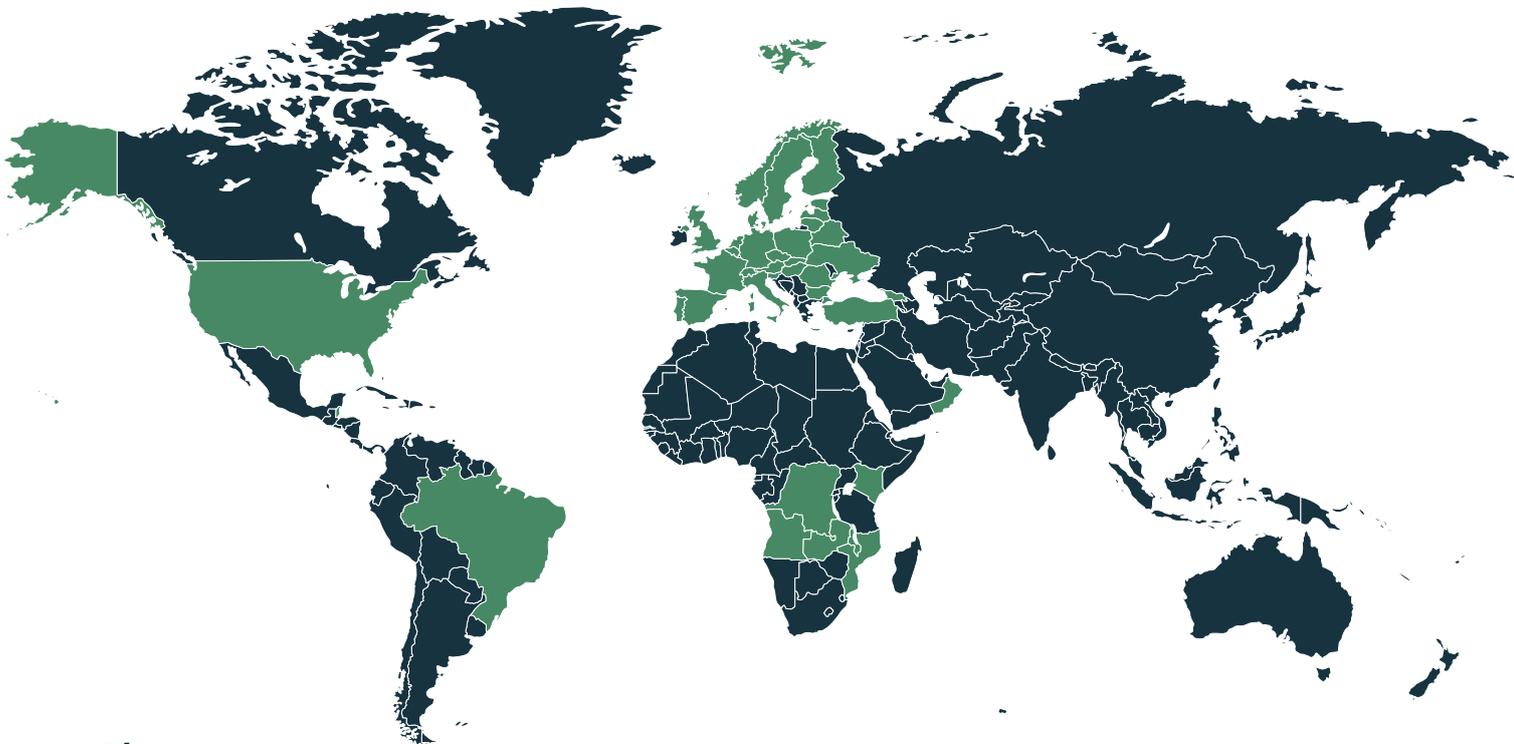
The sector does so through businesses operating in a competitive market, be it as collectors, sorting centres and shops in the global North, or in sorting centres, wholesale outlets or retail shops in the global South.

By giving garments a longer lifespan through reuse, the sale of clothes for reuse responds to a demand for clothing which alternatively would either not be covered at all, or covered by imports of cheap, new clothes, mainly made from oil-based fabrics thus, adding to the negative environmental impact of such a production.

For more than forty years we in the Humana People to People network have collected, sorted and sold second-hand clothes. Operated by not-for-profit organisations or by commercial businesses with charitable ends, a number of highly professional enterprises have been developed to meet the market demands, both in terms of operation and products.

Over a **10-year** period, these activities have resulted in **1.3 million tonnes** of clothes taken out of the waste stream, saving **8.2 million** tonnes of CO<sub>2</sub> by redirecting **65%** or more of the collected clothes to reuse and up to **25%** for recycling.

**Humana People to People Second-hand network**



**Key Places:**

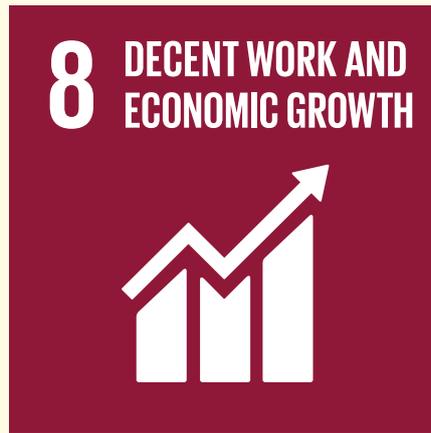
- Europe (21):** Finland, Lithuania, Italy, Spain, Portugal, France, Sweden, Austria, Slovakia, Norway, Denmark, UK, Germany, Estonia, Ukraine, Hungary, Belgium, Bulgaria, Romania, Poland, Slovenia.
- Africa (8):** Angola, DR of the Congo, Guinea Bissau, Malawi, Mozambique, Zambia, Kenya, Uganda
- Americas (3):** USA, Belize, Brazil
- TransContinent (Europe/Asia/Arab Peninsula) (3):** Georgia, Türkiye, Oman

## Development



- 31.6 million USD generated for social development projects through second-hand clothes in 2023
- 19.5 million customers given access to affordable, quality clothing in Africa and Central America in 2023

## Jobs



- 6,400 green jobs created as direct employment in the second-hand clothes sector in Humana People to People network
- 110,000 jobs created in the formal and informal sector combined in Humana People to People network in Africa and Central America

## Environment



- 18.9 million people donated clothes - 31.7 million people bought clothes in North and South combined
- 132,000 tonnes of clothes taken out of the waste stream - 805,000 tonnes of CO<sub>2</sub> emissions saved

## Dignity and development

**Shops, sorting centres and wholesale outlets are respectful and well-organised,** ensuring the dignity of staff and customers, be it in the global North or South.

People feel dignity and pride when they have access to good quality, affordable clothing and can choose style of clothes they like. This supports the basic human right to clothing for millions of households in low-income countries.

Jobs and income created in the reuse business are fulfilling for the thousands of people

directly employed and many millions more across the global South who rely on selling clothes to their own customers.

Our customers in the global South get support to build their business skills and knowledge. Thereby the reuse business helps develop the local labour market.

Finally, surplus derived from the reuse business funds social development work operated in 16 countries by Humana People to People members, as described in this report.



18.9M



in Europe and the USA donate their unused clothes to collection points.

Up to  
250  
categories of clothes



are sorted at the sorting centres for highest level of reuse and raising the most funds.

More than  
31.7M  
people bought clothes for reuse throughout the network.



The clothes are then sold in a Vintage Shop in a European city, a thrift store in the USA, as wholesale bales in an African country, in a smart retail shop or in a seller's stall at the market place.

The Humana People to People network takes out

132,000  
tonnes



of textiles from the waste flow and put them into circulation for reuse or recycling as a great service to society. Green jobs are created in the process, and the collected clothes add to the circular economy in each country and across the continents.

6,400  
jobs



In **Europe**, the **Middle East**, and the **USA**, **6,400 people** work in collections, sorting centres and shops.

The Humana People to People second-hand clothes business creates jobs. They take good care of the collected clothes and make sure each item is put to the best possible use; reuse and recycling.

110,000  
jobs



The Humana People to People network create **110,000 jobs** in **Africa** and **Central America** in logistics, sorting and sales, either as formal employment or in the informal sector linked to the trade and handling. Building business capacity through on-the-job training is a side effect of this job creation.

“

Textiles produce **8%** of the world's carbon emissions. It's also the second-largest consumer of the world's water supply. Giving clothes a longer lifecycle can help offset some of this negative environmental impact.

**EU (Sept. 2019)**

”

“

**With current collection methods we achieve:**

**65-75%** reuse

**20-25%** recycling

**Up to 10%** energy recovery

”



Because the Humana People to People second-hand clothes system is a people-to-people system, there is close contact between the sorting centres in Europe and the clothes sales projects in Africa. The care and effort put into the clothes at all stages from initial collection to sale in a shop is highly appreciated by those who are in the receiving end.

**A comparison:** Textile and garment production leaves **47%** as pre-consumer waste of the materials put into the production chain from raw materials to garment.



## Standards, transparency and accountability

To Humana People to People, transparency is an integral part of the operation.

We follow what happens with the clothes, and we document it. The clothes are followed from the point of collection, through sorting centres and further on to the next customer.

In collections and sorting centres everything is counted or weighed. How much is collected, how much waste was taken out, how much was sorted into which categories, how much was put into second-hand shops, how much was exported, and how much was put in stock.

The counting is the basis for voluntary system audits. Humana People to People entities use various audit and certification systems to document their activities, systems, and material streams. ISO certification, system audit by Bureau Veritas, Mepex Transparency Reporting and Global Reporting Initiative are some.

Finally, the procedures and the results are published. Cooperation partners and relevant authorities get agreed reports.



*Clothes donated from Europe to DAPP Malawi support many traders in creating local business opportunities.*



*Members participate in the improvement of the organisation's policies and procedures to maintain integrity and reliability.*

# Accountability & Transparency

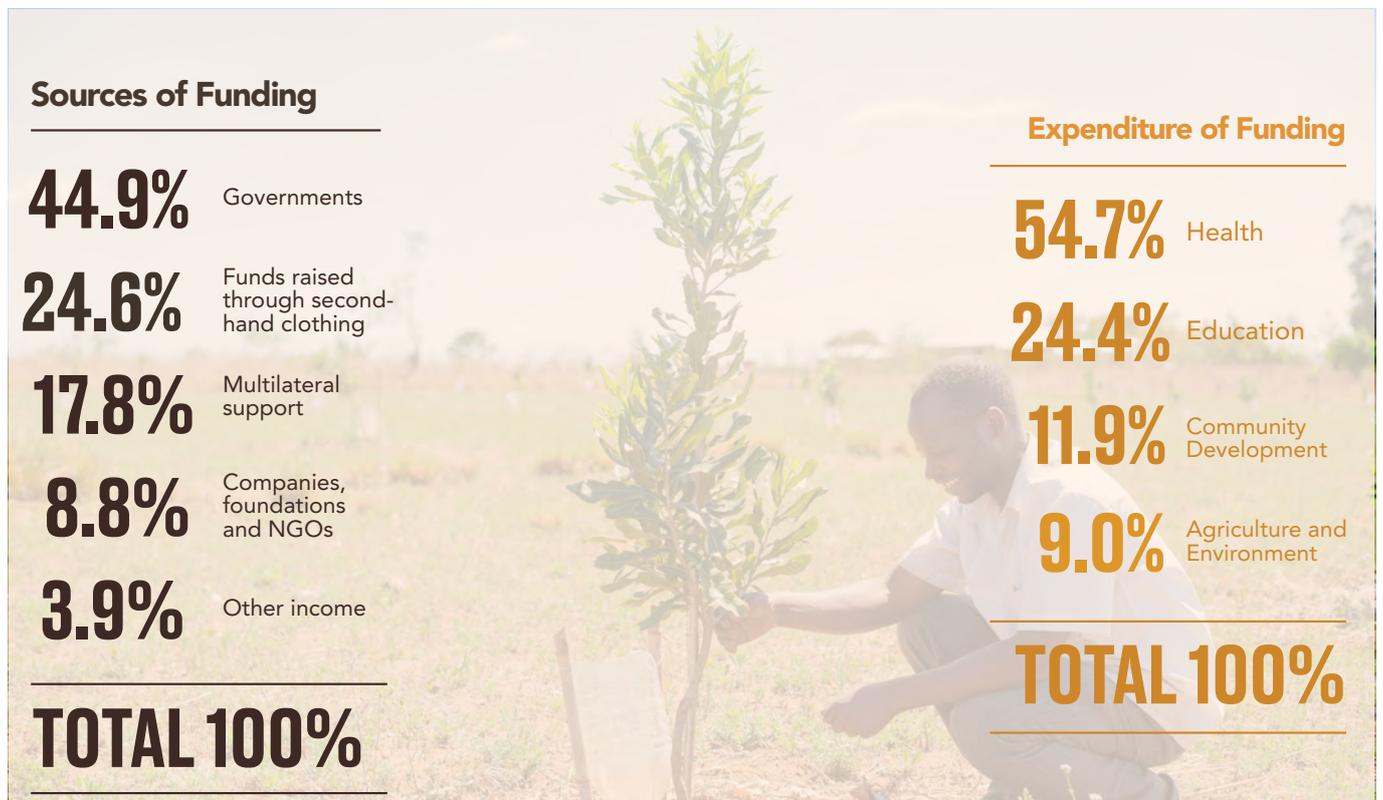
# Accountability and Transparency

**The Federation for Associations connected to the International Humana People to People movement (the Federation)** is a Swiss-registered association and follows Swiss standards for policies and procedures, risk assessment and internal controls. Our accounts are audited by Berney Associés SA according to Swiss law and under the International Standards of Auditing.

The General Assembly ultimately oversees the Federation and comprises the 29 member associations. The Federation’s Committee is accountable for both financial and operational activities, with reporting responsibility to all members.

Members of the Federation are audited according to international financial and reporting standards. This includes funds received by international partners, which are also accounted for according to the determinations in the partnership agreements.

As a Federation, we are primarily accountable to two groups: firstly, our members, who carry out their work in some of the most challenging regions of the world, together with their partners. Secondly, we are accountable to the people we reach through these programmes. We take this accountability very seriously and respond to it through rigorous monitoring, auditing and reporting of all activities, in addition to financials.



In 2023, our members spent approximately US\$129 million on education and social development projects worldwide. Income raised through development partnerships constituted

the majority of our total income at 71.5%, while 24.6% was generated through the collection and sale of second-hand clothes and other income represents the remaining 3.9%.







# Good Governance

**We are committed to adhering to the highest standards** of accountability, transparency and good governance.

In 2018, we were officially certified for governance policies and procedures, including their implementation, by the internationally renowned inspection and certification company, Société Générale de Surveillance (SGS) NGO Benchmarking Standards based on an external audit. The certification was renewed in 2021, with a score of 96.5%, which places the Federation among the top 5% of organisations audited by SGS.

The SGS NGO Benchmarking Standard is described by SGS as “a reasoned consolidation of some 25 Codes and Standards established by

donor agencies, states, funding organisations, associations, philanthropic institutions, etc.” This comprises an audit of best practice across our policies and procedures and the organisation’s compliance with these standards in 12 defined areas. Several of the Federation’s members have obtained similar governance certifications in 2020 and 2021.



# Partnerships

**The Federation and its members are proud to work with a diverse** range of partners who support our social and human development mandate.

Partnerships are a vital part of what we do and offer symbiotic relationships that help our projects to prosper. Partners often provide the necessary funding for a project, building on common visions and ideas, and we provide energy, experience and resource to make things

happen, with tried and trusted project concepts and processes ready to go. Partners include both national and local governments, foundations, the private sector, multilateral agencies and international organisations.

We would like to thank all our partners for their continued support and commitment to work with the people on the ground, pursuing much-needed development for positive, lasting change.



# Legal information

**Name:**

**The Federation for Associations connected to the International Humana People to People Movement**

**Registration:**

**The Federation is a Swiss Association with its international headquarters in Zimbabwe**

**Switzerland: Association | CHE-112.133.306**

**Zimbabwe: Private Volunteer Organisation | Reg. 29/96**

**List of members**

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Ajuda de Desenvolvimento de Povo para Povo em Angola (Angola)

Humana People to People Botswana (Botswana)

Humana People to People Congo (Democratic Republic of the Congo)

Ajuda de Desenvolvimento de Povo para Povo ná Guiné Bissau (Guinea Bissau)

Development Aid from People to People in Malawi (Malawi),

Associação Moçambicana para a Ajuda de Desenvolvimento de Povo para Povo (Mozambique)

D.A.P.P. Namibia (Namibia)

Humana People to People in South Africa (South Africa)

Development Aid from People to People in Zambia (Zambia)

Development Aid from People to People in Zimbabwe (Zimbabwe)

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Humana People to People Belize (Belize)

Associação Humana Povo para Povo em Brasil (Brazil)

Fundación Humana Pueblo para Pueblo - Ecuador (Ecuador)

Planet Aid, Inc. (USA)

**ASIA**

Humana People to People India (India)

**EUROPE**

HUMANA People to People - Verein für Entwicklungszusammenarbeit (Austria)

U-landshjælp fra Folk til Folk - Humana People to People (Denmark)

Ühendus Humana Estonia (Estonia)

U-landshjälp från Folk till Folk i Finland sr (Finland)

Humana People to People France (France)

HUMANA People to People Deutschland e.V. (Germany)

HUMANA People to People Italia O.N.L.U.S. (Italy)

HUMANA People to People Baltic (Lithuania)

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Humana d.o.o. (Slovenia)

HUMANA Fundación Pueblo para Pueblo (Spain)

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